



What's Happening At The Center



EAST HADDAM SENIOR CENTER

Vol. 14 No. 2

'You Can Depend On Us'

February 2025



VALENTINES DAY

ICE CREAM SOCIAL

Join us on Friday,

February 14th @ 1:30pm



Reading Volunteers Needed

East Haddam Elementary School is seeking dedicated senior citizens to volunteer as mentors and reading buddies for students in kindergarten through third grade. This rewarding opportunity allows volunteers to spend time reading with young learners, fostering their literacy skills and building meaningful connections. By sharing your time and experiences, you can help inspire a love for reading and learning while providing students with valuable support and encouragement. Flexible schedules are available to accommodate your availability. Join us in making a difference in the lives of local children while enjoying the fulfillment of giving back to your community.

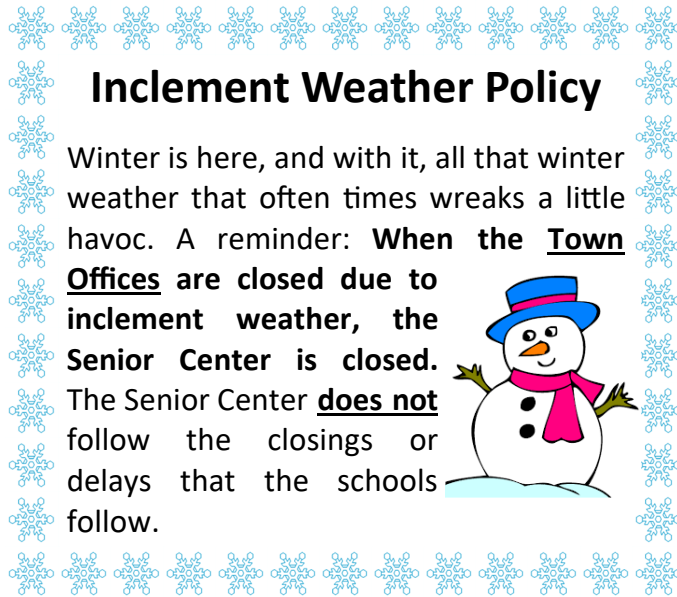
For more information or to sign up, please contact Meg Lettieri, Reading Specialist, East Haddam Elementary School.

(860) 873-5076 or

margaret.lettieri@easthaddamschools.org

Inclement Weather Policy

Winter is here, and with it, all that winter weather that often times wreaks a little havoc. A reminder: When the Town Offices are closed due to inclement weather, the Senior Center is closed. The Senior Center does not follow the closings or delays that the schools follow.



Mystery Lunch Bus Trip

Wednesday, Feb. 12th



Join us for a ride on the **Mystery Lunch Bus**

\$5.00 for the bus ride.

Just order off the menu!!

The *Mystery Bus* will depart the Senior Center @ 11 AM

Don't miss out, sign-up today!!



TAX PREPARATION

Free tax preparation will be offered through the AARP Tax-Aide program on Feb. 12, 19, 26, March 5, 12, 19, 26, and April 2.

You must make an appointment with Patti at 860-873-5034, and appointments will be scheduled on a first come, first served basis.

Please make sure that you bring all 2024 tax documents and a copy of your 2023 tax return, as well as photo ID & your Social Security card to your appointment.

We will be closed on **Monday, Feb. 17th** for **President's Day**





February BIRTHDAYS

- | | |
|---------------------|-----------------------|
| 1 Kathy Bryson | 14 Timothy Alix |
| 2 Meg DeLeo | Helena Guile |
| 3 Ellie Breinan | Bruno Lozito |
| Maureen Pierson | 16 Karen Scameheorn |
| 4 Susan Allen | Diane Tabor |
| 5 Arlene Sjoblom | Kathy Kuryla |
| 6 Kathleen Anzalone | 17 Barbara Davis |
| 7 Deborah Wilson | 18 Jan Lambert |
| Lorraine Eichler | Greg Burks |
| 9 Mary Fazzino | 19 Jean Breton |
| Joan Rajpolt | 20 Corinne Halliday |
| Brian Howe | 21 Frank Pach |
| Philip Barth | Martha McLaughlin |
| Philip Schuster | 23 Ginger Stankowski |
| 10 Janet Blanchard | 24 Holly Plude |
| 11 Roger Stube | 25 Christina Antaya |
| Elizabeth Schwenk | Beth Schondorf |
| 12 Diane Mack | 27 Sandy Planeta |
| Jean Olson | Jennifer Burton-Reeve |
| James Ventres | 28 Anita Kowelawski |
| 13 Bernie Thorpe | 29 Alfred Faircloth |
| | Emily Jane Annino |



Shopping & Lunch Fee: \$5



If desired, the bus will stop at the East Haddam Food Bank.



Tuesday, February 11th Cromwell:

WalMart, Aldi, ShopRite, Lunch

Tuesday, February 25th Glastonbury

ShopRite, Trader Joe's, Lunch

*Bus will also stop for Lunch at one of the local desired restaurants in the town where you are shopping.

BACK TO THE CASINO WE GO!!!

Mohegan Sun!.....1st Wednesday of every month

Next Trip: Wed., March 5th

Bus will depart the Senior Center @ 9:00 AM and will return to the Senior Center @ 2:30 PM.



20 seats available, \$5.00 for the bus.

Don't miss out - sign up today!

INDOOR LADDER BALL & CORN HOLE

Wednesdays, Feb. 12th & 26th @ 1:00 PM

Join us for a fun afternoon of indoor games. We will be playing Ladder Ball and Corn Hole.

Come have fun, socialize with friends.

Sign-up Today!



Come Join Us For

Wii Bowling



Do you have any interest in playing Wii??

If so, come join in for a fun-filled afternoon on:

Wednesdays, Feb. 5th & 19th @ 1:00 PM



Blood Pressure Clinic Is Back

@ The East Haddam Senior Center

Sponsored by: Chatham Health District

Next Clinic is Monday, February 3rd at 12 noon

FREE! Questions? Call (860) 365-0884



Thursday, Feb. 20th @ 12 PM

Lunch & Bingo \$9.00

Lunch @12:00 PM Bingo Only: \$5.00

Bingo @ 1:00 PM

Please pay cash in advance - sign-up today

LET'S TALK (OR JUST LISTEN)

Do you have an interesting story you would like to share?? Maybe an amusing anecdote, a moving experience, or perhaps you would just like to listen.

If there's enough interest, we would like to start a new activity called "LET'S TALK". The point would be to entertain, educate, and get to know and have fun with other community members. If you would be interested in attending "LET'S TALK", please add your name to the sign-up sheet on the bulletin board.



Thank You for Your Donation!

Barbara Abramson:	Candy, coffee, Kleenex, Tartar Sauce
Deb Beckwith:	\$\$
Cora Blancato:	Coffee
Pat Burke:	Candy
Jovita Cozean:	Coffee, Kleenex, 7oz. cups, \$\$
Arnie & Barbara Davis:	\$\$
Bill & Susan Dowling:	Bottled water, napkins
Ray & Elaine Flaherty:	Candy, \$\$
Joni Goetz:	Tartar sauce
Walt & Jo Golec:	\$\$
Scott & Shea Jezek:	\$\$
Lillian Landry:	\$\$
Hennie Manfre:	Coffee
Kathy Mattison:	Paper goods
Judy Metcalf:	Plastic cups
Rob & Alberta Mirer:	\$\$
Mickey & Louise Pear:	\$\$
Pat O'Brien:	Coffee, paper towels
Debbie Olson:	Candy
Kathy Ritchie:	Candy
Russ & Beth Schondorf:	Kleenex
Dot Simone:	Coffee creamer, napkins
Rob & Kathy Simmons:	\$\$
Rina Stevens:	Coffee creamer
Peg Urban:	\$\$
Louise VanHaverbeke:	Coffee cups
Diana Schleis:	Napkins
Chris Van Scoy:	7oz. cups
Jim & Pat Ware:	Coffee
Elaine Woods	Candy, \$\$

Jam Session.....

Volunteer Senior Musicians interested in a **Jam Session** to entertain seniors at the Senior Center are needed. All instruments are welcome. Any interested musicians can call John for details @ (860) 873-8471 or (860) 817-3335. If you are interested in coming for the entertainment, please sign up in advance at the Senior Center.

The next *Jam Session* will be on Monday, **February 24th** from **1pm – 3pm.**



Photography Club

Do you enjoy taking photos, but then find that mostly they just sit on your phone or computer?? Have you wondered how to set up a photo like the one you saw somewhere else? If you want to share your pictures with like-minded people, and learn some new techniques from others, join the photography Club. **The next Club meeting will be: (TBD) status. We will let you know when we resume the class!!**



GOOD GUYS.....This month we would like to recognize the "3 Amigos." **Lisa Chasko, Pat Hill and Celine Nelan** for stepping up as alternating leaders to our best attended and fun Pilates program. A big Thank You goes out to these 3 for keeping the program going! 😊



Reiki for Stress Reduction, Relaxation and Healing



Candy Nero is a Certified Reiki Master, and will be @ the Senior Center on:

Tuesdays, February 11th & 25th
9:00 AM – 2:00 PM

\$25.00 for a 30 minute session

Feel the POWER of Reiki - sign-up today!

CORA The Massage Therapist



Fridays, Feb. 14th & 28th

8:30 AM - 2:30 PM - \$25.00 for 30 mins.

Rejuvenate your spirit, sign-up today!

- Senior Services Coordinator: **Brad Parker**
- Assistant Director: **Patti Puia**
- Medical Car Driver: **Bill Phaneuf**
- Bus Driver: **Anthony Nero**
- Noises Editors/Publishers: **Brad Parker & Patti Puia**
- Layout: **Barbara Davis**
- Newsletter Distribution Team:
- **Jovita Cozean • Nancy Geysen**
- **Ellie Breinan • Joan Pratt**
- TEL: **860-873-5034**
- Kitchen: **860-873-5197** FAX: **860-873-5198**
- Hours: **8am - 3pm M - F**
- Email: **seniors@easthaddam.org**

Join Us for Mah Jongg Every Tuesday from 12:30-3

If you know how to play, come in and join a table on Tuesdays.

If you would like to learn to play Mah Jongg, please see or call Patti to sign up.



CT Energy Assistance Program starts accepting applications in September



Heating season is here! This is a reminder that if you are eligible for Energy Assistance (EA), which helps individuals and households pay for heating fuel/electric heat, you want to make sure and apply for EA as early in the season as possible. Electric heat customers who are enrolled in a payment program must reapply for EA every year to maintain their enrollment in a payment program with Eversource. If you need assistance with applying, please contact **Andrea Webster**, Social Services Coordinator at East Haddam Youth and Family Services to schedule an appointment. She can be reached at **860-873-3296**. You can also apply for EA online: www.ct.gov/heatinghelp/applyonline.

Mah Jongg Lessons & Refresher Class

Would you like to learn how to play or need a few refresher classes? There will be six 2-hour classes on Mondays, in May or June. Dates to be determined once we have at least 4 people. There is a \$15 charge to purchase the Mah Jongg card. Once we have 4 signed up, we'll call you. It's fun and good for your brain! Call Patti at 873-5034 to sign up.

WISH LIST: Disinfectant Spray
Small Bags of Chips



East Haddam Senior Center
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P.O. Box 623
Moodus, CT 06469

